

# SWIM TEAM REGISTRATION

SWIMMER:	Birthdate:	/_	/	_ Age:	_ GROUP:	BLUE	SILVER	GOLD
Additional Sibling Swimmers								
Swimmer:	BIRTHDATE:	/_	/	_ Age:	_ GROUP:	BLUE	SILVER	GOLD
Swimmer:	Birthdate:	/_	/	_ Age:	_ GROUP:	BLUE	SILVER	GOLD
SWIMMER:	Birthdate:	/_	/	_ Age:	_ GROUP:	BLUE	SILVER	GOLD
Parent/Guardian:		P	REFERR	ED PHONE:_				
Address:	C	CITY:			ZIP:			
Email(s):								
EMERGENCY CONTACT:			PH	IONE:				
Physician:	Phone:							
MEDICAL CONDITION AND/OR MEDICAL	CATIONS THAT THE	COAC	HES SHC	OULD KNOW C	OF:			
conduct: that payments must be meantact me and/or my child via emnas my permission to use my child's Participation in any activity at the the patron, and at his or her own ristor any injuries or damages which meacility and do hereby fully and fore employees, and the Charlevoix Are expenses of every kind, in conjunction of sole negligence of the Charle I, the signatory, for myself and my equipment and the facility properly and agree to reimburse the Charles the facility and/or equipment there complete, accurate, and that the integral of the complete in the facility and the facility and the facility and the facility and the integral of the complete, accurate, and that the integral of the complete is a contract, and that the integral of the complete is a contract, and that the integral of the complete is a contract, and that the integral of the complete is a contract, and that the integral of the complete is a contract, and that the integral of the contract is a contract.	nail or phone for sweether in promotice charlevoix Area k. I, the signatory, hay occur to me of ever release and dea Community Poction with the use of evoix Area Community and leave them it woix Area Community. I, the signatory	wim ted conal ar Comm for my d ischargol Board this fad unity Po her ag n good nity Po , certify	am newald markall and markall and epende ge Chall and epende ge Chall and epende ge Chall and epende ge to a condition of for a that the	vs and pool is at the stand application ool is at the standard and all standard and all standard application. I, the signal admages in the information.	nformation. cations. cations. cale discretic dents, assum rabout the Community uits, claims, at thereof, express of the gnatory, assumcurred through the courred through the cale of the c	I under an and a full in an and a full in premi Pool, damckcept facilitume to bugh the analysis and a full in a full in analysis and a full in a full in analysis and a full in analysi	erstand d judgm responsi ses of th its ager ages, co that aris y, to use otal liab he misus	ent of bility ne nts, or sts and sing e all ility se of
SIGNATURE OF PARENT/GUARDIAN:					Date:			
have read the Code of Conduct the Code of Conduct and will foll represented.				•				stands
Signature of Swimmer(s):					Date: _			
Additional Swimmers:								

### 2020/2021 COMPETITIVE SEASON FEE STRUCTURE

COMPETITIVE SWIM TEAM SEASON: NOVEMBER 2 THROUGH FEBRUARY 26

<b>REGISTRATION FEES (SE</b>	LECT ONE):									
Registration fees are separate from the drop in / punch pass / season pricing. Registration										
fees are non-refundable and m	nust be paid once		es competition	on.						
One Swimmer	"	\$40.00								
Additional Swimme	•	\$30.00		HOLDI						
☐ Additional Swimme	er in Family	\$30.00								
PRACTICE FEE OPTION	S:									
MONTHLY: (Multi-child disco										
One Swimmer \$60.00										
Additional Swimmer in Family \$55.00										
	Additional Swimmer in Family \$55.00									
*MONTHLY (DOES NOT INCLUDE REGISTRATION FEE) If paying on a Monthly basis you must pay the full										
amount up front. When renewing a pass you can stop in with payment or we can also take debit or										
credit card via phone. All passes are non-refundable and non-transferable. All passes expire at the end of the competitive season. No sharing or splitting of passes between swimmers.										
INDIVIDUAL PUNCH PASS: Punch pass prices are only if paid IN FULL										
☐ 10-Punch X		\$75.00 PER SWIMMER								
<b>□</b> 20-Punch X	20-Punch X SWIMMERS \$130.00 PER SWIMMER									
*PUNCH PASS (Does NOT INCLUDE REGISTRATION FEE) If paying on a Punch Pass basis you must pay the full										
amount up front. When renewing a pass you can stop in with payment or we can also take debit or										
credit card via phone. All passes are non-refundable and non-transferable. All passes expire at the end of the competitive season. No sharing or splitting of passes between swimmers.										
DROP-IN FEE:	L	\$10/DAY								
TOTAL INITIAL PAYMENT:										
Cash or Check#										
Visa or MasterCard CC#: Name on Card (if Other):										
Processed in MindBody? YES / NO										
Date Received:	By:									
ADDITIONAL PAYMENT RECORD:										
Date Amount	Date Amo	ount	Date	Amount						
Date Amount	Date Amo			Amount						
Date Amount	Date Amo	ount	Date	Amount						

## THANK YOU FOR YOUR INTEREST IN THE CHARLEVOIX STINGRAY SWIM TEAM!

Training Groups: BLUE / SILVER / GOLD

The practice schedule will be set up with Coach Thea, contact her for information and group placement: thea@charlevoixpool.org

BLUE GROUP: This group is for new team members who have passed Stingray Academy Level IV (or can demonstrate equivalent ability) and complete one length of the pool in 30 seconds or less, swimming one of the 4 competitive strokes. Focus is on stroke development and introduction to competitive swimming. Swimmers in this group are encouraged to attend practice a minimum of 2 days a week. Participation in meets is encouraged but not required.

SILVER GROUP: This group is for swimmers 8-12, who know all four competitive strokes and can meet interval training standards. Swimmers will continue work on stroke technique, starts and turns and will add more pace and endurance sets. Swim meet participation is required. Dry land training will be part of the swimmer's training experience. Swimmers in this group are encouraged to attend practice a minimum of 3 days a week.

GOLD GROUP: This group is designed for experienced competitive swimmers 13 and older, with an occasional 11-12 year old. Swimmers will continue work on technique, pacing and endurance. Swimmers will participate in dry land training. Swim meet participation is required. Swimmers in this group are encouraged to attend practice 4-5 days a week.

#### CHARLEVOIX STINGRAY SWIM TEAM CODE OF CONDUCT

As a swimmer & member of the Stingray Swim Team, I will abide by the following code of conduct:

- 1. I will listen and follow instructions.
- 2. I will behave quietly and appropriately in the lobby and pool facility.
- 3. I will be respectful of others and I will treat the property of others with respect.
- 4. I will be on time for practice, training sessions, and meets.
- 5. I will leave the pool area in a neat and clean condition at the conclusion of each practice session. I understand this also applies to pool locker/rest rooms.
- 6. I will practice good sportsmanship and I will promote positive team spirit.

Prohibited Behavior: I understand that at no time will the following be accepted:

- 1. Inappropriate language or unruly behavior
- 2. Bullying or isolating another swimmer.
- 3. Stealing or vandalism.
- 4. Use or possession of any illegal substance (i.e. alcohol, drugs, tobacco).

Consequences for Violation of the Code of Conduct:

This code shall be in force for all CSST swimmers during practice, swim meets, and at events sponsored by CSST. Disciplinary actions can range from, but are not limited to: reprimands, removal from the pool, meeting with parents, suspension or expulsion from the team.

## CHARLEVOIX STINGRAY SWIM TEAM POLICY AND PHILOSOPHY

<u>TEAMWORK</u>: CSST is built upon the commitment, support, and participation of the Charlevoix Area Community Pool, coaches, swimmers, parents/guardians, and the community at large. CSST believes that its success in achieving the team's goals is dependent upon the cooperation of all members.

<u>COACHING</u>: CSST is committed to providing comprehensive swim and stroke training by experienced coaches. In addition to swim training, we promote a positive environment and the practice of healthy lifestyle habits, such as good nutrition and sleep.

<u>THE SWIMMER</u>: CSST believes that each swimmer is an individual with different backgrounds, needs, and goals. The team focuses on the development of positive self-esteem and individual goal setting. The team encourages swimmers to represent CSST by participating in swim meets and by attending off season practices and events. We believe that all members should model team spirit and sportsmanship.

<u>THE PARENT/GUARDIAN</u>: CSST holds that the main responsibility of the parent/guardian is to provide a caring, supportive environment for your swimmer(s). Please show your support by ensuring that your swimmer arrives on time and prepared for practices and swim meets and by being a positive role model of good sportsmanship at all times toward coaches, officials and other teams.

<u>COMMUNICATION</u>: The coach will primarily be communicating via email. E-mails will be sent to inform parents/guardians of upcoming events, such as swim meets, team social events, etc. Be sure to keep your e-mail address current and let us know if email is not a good option for your family. If a swimmer would like to be on the email list please email that information to the coach: thea@charlevoixpool.org

<u>MEET PARTICIPATION</u>: The first Dual/Triangular Meet your child participates in during the season is <u>FREE</u>. To be entered in a meet, each swimmer must pay the entry fee per meet (\$6 for Dual/Triangular Meets or \$12 for Invitational Meets) and sign up on the bulletin board by the Friday before the week of the meet. The line-up will be posted by the Wednesday before the meet. If for any reason your child is unable to attend, please contact the coach immediately so relays can be adjusted. Individual events and relays will be selected by the head coach. A complete meet schedule will be provided once MTSL approves competition.

<u>TRAVEL AND LODGING</u>: Parents/guardians are responsible for their own children during all activities outside of the pool, including: transportation, food and lodging. Every effort will be made to connect those who wish to arrange carpools.

#### **EQUIPMENT:**

Practice: swim suit, goggles, cap (for those with long hair), water bottle

Meets: Team suit, team cap, goggles, water, snacks, towel & extra clothes to wear between events \*\*You are strongly encouraged to label all of your swimmer's equipment. Labeled equipment found at practice can easily be returned to the swimmer. Unlabeled equipment found around the pool deck will be placed in the pool office. It will be kept for 30 days and then if not claimed donated to a local charity.

<u>TEAM GEAR</u>: For swim meets, swimmers can wear a Stingray team suit or a one piece suit approved by the head coach. Meet suits should be tight fitting and it is best to have a different swim suit for practice. We have a team swimsuit design that can be purchased online. Details will follow, contact Thea for information. Caps and goggles, as well as goggle replacement parts, are for sale at the front desk. Optional spirit wear and additional gear will be available to order; contact Thea for information.

<u>PAYMENTS</u>: All monthly/punch passes must be paid up front to participate in practices. Registration fees and passes are non-refundable and non-transferable. Scholarship applications are available upon request or online. Contact facility manager Kathy for more details: kathy@charlevoixpool.org